

Lifeguard Training 2008

A Lifeguard Training course from The **Red Cross** will be taught at Tall Pines Day Camp. This core course will teach you the skills and knowledge needed to prevent and respond to aquatic emergencies. The course includes certification in First Aid, CPR and Lifeguard Training.

Prerequisites: Minimum age 15 by course completion. Swim 300 yards continuously using front crawl and breaststroke, timed surface dive with 10lb. brick and 20 yard swim while carrying the brick (failing the pre-test disqualifies you from the course).

Junior Counselors: Reminder: All Junior Counselors that are not Lifeguards receive a **\$150 Reimbursement** at the end of the season if they have Lifeguard Certification. If it is kept up to date during all of your years as a JC you will continue to receive the bonus. Reimbursement is payable at the end of the season and you must make it through the 8 week season. It also gives you an opportunity to work picnics and earn **\$50.00 per day!**

Necessities: Must come dressed and ready to swim for each class. (bring a sweatshirt for when you come out of the water)
Attendance is required on all days and times listed below. (if you miss, leave early or come late you will not be eligible for certification and will not receive a refund)
Will receive all materials once passing the pre-test. Please bring bagged dinner to class each day.

Dates/Times: Monday June 2 through Friday, June 6 from 5:00 p.m. to 9:30 p.m.
Saturday, June 7th from 9:00AM to 6:00PM.

You must attend all dates. If you have any problems or questions please direct all questions to Doug Mann at: mannfam4@verizon.net or call his cell# 609-238-2074.

Location: Please report directly to pool at camp. If it is raining, please report to the Music Room.

Fee: \$250.00 - Make checks payable to Doug Mann.

Recertification: If you need to recertification in either CPR or Lifeguard Training & First Aid, you may come to the course on the following day(s):

CPR Only - Sunday, June 8th from 12 PM to 2PM
CPR Lifeguard Training & First Aid - Sunday, June 8th from 12 PM to 6PM

All Ellis certified lifeguards wishing to challenge for American Red Cross Certifications must receive materials and prepare for program changes before entering the ARC course for CPR/Lifeguard Training & First Aid! There are significant differences between the programs. If you do not feel comfortable challenging for ARC certification, we suggest taking the full American Red Cross course.

Must bring pocket mask and CPR or Lifeguarding Manual

-----**Tear off and return**-----

Yes, please enroll me for the Lifeguard Training Course!

Please enclose payment to guarantee your place. Make Checks payable to "Doug Mann." Return enrollment form and your check by **May 15, 2008**. There will be a \$10.00 fee for late enrollment.

Mail to: Doug Mann 3 Country Walk Cherry Hill, NJ 08003.

Please check all that apply.

<input type="checkbox"/> Lifeguard Training, First Aid and CPR (3yrs)	\$250.00
<input type="checkbox"/> Recertification Only - CPR (1 yr)	\$ 35.00 (no new materials included)
<input type="checkbox"/> Recertification Only – CPR Lifeguard Training & First Aid	\$150.00

Name _____ Age _____ Phone _____

Address _____ City/State/Zip Code _____